



maggio 2024 eNotizie



Joanne Locke, Editor
Ceila Ecker, Co-Editor

Anthony Tampone, President

Dear UCIAF Family,

As many of you know, my husband Anthony suffered a major heart attack on Tuesday. The event has shook me to my core. I asked for prayers and the response has been overwhelming. Thank you all for your thoughts and prayers. We truly appreciate the outpouring of love that we have received. He is feeling much better but we are not out of the woods yet. We cherish all your prayers and support. Debbie xo

"Prometto di celebrare e promuovere la mia cultura Italiana"

COMMITTEES

Committees and volunteers are the backbone of our foundation.

If you are interested in being a part of any committee, contact the chairperson.

Dinner- Marjorie Fucilo
Community Care- Mary Tuma
Festival- Anthony Tampone
Calendar-Suzanne Sottile
Cultural- Linda Saccoman & Gina Sottile
Membership- Tony Marmo
Social Media - Kevin Reginato & Nick Alba
Awards/Donations - Anna Brett
Sponsors - Tony Marmo
Fundraising - Nina Postupack

CURRENT EVENTS

5/6 - Cultural Committee Mtg @ Reginato Ristorante
5/18 - American Italian Heritage Museum in Albany
5/19 - Homemade Winemaking @ The Elks Club
5/21 - Dinner meeting @ Front Street Tavern
5/23 - Movie Night and dinner at Reginato Ristorante
5/30 - Vet2Vet Luncheon, 24 Twin Maples Plaza, Saugerties. RSVP (845) 481-4004

COMING IN JUNE

6/18 - Educational Awards Dinner @ Diamond Mills

Visit our website UCIAF.org for more information.

La Festa della Mamma (Mother's Day)

In Italy, Mother's Day is celebrated on the second Sunday of May as it is in the USA. This year Mother's Day is May 12th. To wish someone "Happy Mother's Day" in Italian -Buona Festa della Mamma or Auguri per la Festa della Mamma.

Mother's Day Sentiments in Italian:

Una madre e' per sempre - A mother is forever

L'amore della madre e' l'alimento che non fallisce mai - A mother's love is a food that never fails (it's enduring)

Le mamme sono le ali che ti fanno volare - Mother's are the wings that let yo fly. (A mother helps her children soar and reach their potential)

Una madre capisce anche quello che un figlio non dice. -A mother understands even what her child doesn't say. (Mother's intuition!)

Submitted by Celia Ecker

MESSAGE FROM UCIAF PRESIDENT, ANTHONY TAMPONE

FESTIVAL VOLUNTEERS NEEDED

This is a call out for those of you who would like to get involved with our Italian Festival which will be held on Sunday, October 13th. We have many opportunities to showcase your varying talents, knowledge and volunteerism. The Festival is a major fundraiser for our Foundation. Volunteers are needed for our raffle, our boosters, manning our booths, setting up tables and chairs, decorating and so much more. If you can help at all, we will be very grateful. We need help prior to the Festival as well.

We have need of the following talents in our CULTURAL CENTER which will be held in the Hudson River Maritime Museum Barn:

PASTA MAKERS - demonstrations of dough-making, assorted pastas along with your family story.

STORYTELLERS - if you have knowledge of the history of Italians locally (Brickyard, Lace factory, Cement works, shirt factory, canal work, restaurateurs, etc.) or Italian history worldwide. Also, stories of your family life or typical old world Italian family life. We would like to share those stories with our community.

WINEMAKERS - we would like to have a display of homemade wine making with explanations of the varied tools and processes of making wine (No drinking allowed in the Cultural Center). Limoncello makers also accepted.

ARTIFACTS - if you have interesting articles that you would like to display which represent our Italian culture including old photographs, lace work, handcrafted items etc., we would love to display them.

FUN THINGS - old Italian toys, card games, games that you played inside or outside that were unique to Italian culture or neighborhoods. Maybe you could teach an Italian card game.

This is our third year with an Italian Culture Exhibit, so we are open to suggestions.

CHILDREN -we would like to start the day off with a children's procession from lower Broadway to the mainstage. If you are interested in having your child (and you too if you would like) in the procession, please contact Deb Tampone at 914-466-3684 or reply to this email.



We are also in need of persons to be our Gladiators, Empress and Gondolier. We have one gondolier, two adult gladiators, one child gladiator and two empress costumes remaining. If you have an Italian themed costume of your own, feel free to wander the Festival dressed in these as well. All of this truly adds to the festive atmosphere of the Festival and is greatly appreciated and admired by the attendees.

We are in need of some street performers. These would mostly consist of strolling musicians, balloon makers, magicians and other types of wandering festival entertainment.

SPECIALTY VOLUNTEERS NEEDED

I am putting a call out once again to see if you can help us in a couple of specialty areas. We need people with video editing experience. We have taken videos of some of our senior members to preserve their life experiences of growing up Italian. Also, we have videos of the stories that were told in the Cultural Center at the 2023 Festival. We have the raw footage but need to make it more professional looking.

We are also looking for people with grant writing experience. There are numerous grants available from varied sources, but we need someone willing to seek them out, fill the forms, write the essays and request the grants. Everything we do is funded by our generous Sponsors who we are so very grateful for. We can do so much more if we can tap into other resources. Remember, there are no paid employees in our Foundation. We are 100% volunteer. Every dollar is used to promote, preserve and celebrate our Italian culture or assist other worthy causes.

We need everyone's help in acquiring new sponsors. If you could approach just one of the professionals or shop owners that you do business with and make them aware of what your Italian American Foundation does, I believe you may find them quite interested in becoming one of our sponsors. They may also want to become a member (we do have a lot of fun). Please check out our sponsor list on our website (uciaf.org). If they are already a sponsor, please thank them. While you're in the mood for saying wonderful things about our Foundation, try talking to some younger adults and letting them know as well. Sharing our joy for our Italian culture and our Foundation can only make the world a better place.

Viva la Cultura Italiana!

Rispettosamente,
Anthony Tampone - Festival Chair, President
Ulster County Italian American Foundation
(845)594 2077

COMMUNITY CARE

Vietnam War Veteran's Day Ceremony

On April 7th, UCIAF participated in the Vietnam War Veterans Day Ceremony at the Kingston Armory. The Bell tolled as we remembered the 41 Ulster County residents who lost their lives during the Vietnam War. Thank you to our UCIAF members who were there to show their support to our veterans.



ADOPT A HIGHWAY DELAWARE AVE. CLOVERLEAF



On Saturday, April 20th, UCIAF held the first of two highway cleanup events. The rain held off and the turnout was great! Many thanks to Deb and Anthony Tampone for leading us each year as we help keep our city clean!



Celebrate **Ulster County ITALIAN AMERICAN FOUNDATION** with us!

Sponsored by the **UCSO Wellness Unit**

BBQ

LAW ENFORCEMENT RETIREE

The UCSO Wellness Unit, Ulster County Italian American Foundation and Bruderhof invite all retired law enforcement to a luncheon. Come visit with old friends and make new friends from the law enforcement community.
Location: Robert E. Post Park 515 Park Rd, Kingston NY 12401

Friday May 24th, 2024 1130am
RSVP By May 17th, 2024
Call Patrick Carroll 1(845)706-5451 or Email pcar@co.ulster.ny.us

For more information on how to become involved in the Cultural/Community Care Committees, contact Mary Tuma at mtuma@hvc.rr.com

CULTURAL EVENTS

April Dinner Meeting at Coppola's



The Arc Mid-Hudson's Annual Wine & Dine Event

On April 12, 2024, The Ulster County Italian American Foundation was a sponsor of The Arc Mid-Hudson's annual Wine & Dine event.

This event helped raise thousands of dollars for individuals with intellectual and developmental disabilities in Greene, Ulster, and Putnam counties.

UCIAF is proud to support our local community organizations and help make a difference in the lives of others!



THE ULSTER COUNTY ITALIAN AMERICAN FOUNDATION PRESENTS THE 2024 DINNER AND A MOVIE SCHEDULE



May 23 June 20 July 25 Aug 15 Sept 19

The Event will be held at **REGINATO RISTORANTE**, 34 Leggs Mill Rd. Lake Katrine

Dinner will be indoors at 6pm with movie to follow outdoors at approx. 8pm

Special Pre-Fix menu \$35 includes tax & tip
Wine Bottle specials \$20

Reservations with Stephanie @ 845-336-6968 / regy112@gmail.com

Very Limited Reservations

Free Italian Popcorn
Presented by the UCIAF cultural committee

Visit www.UCIAF.org

Next Cultural Committee Meeting
Monday, May 6th @ 6:00 p.m.
Reginato Restaurant.
All are welcome,
RSVP Linda 845-339-5330
by Thursday, May 2nd.
There will be no kitchen service.

Ulster County ITALIAN AMERICAN FOUNDATION

Homemade Wine Makers Event

\$20
Per Person
Members can Bring a Friend

SUNDAY MAY 19
AT THE ELKS CLUB
143 HURLEY AVE.
1:00PM - 4:00PM

Join Us for a day of homemade wine tasting.
Discussions on grapes and processes.
Appetizers and food included.

-10 WINE MAKERS - SAMPLES DISTRIBUTED -
-LIVE MUSIC BY MICHELLE AND MATT-
No wine will be sold / Bring Lawn Chair for comfort

Sign up here:
<https://mp.gg/z489lm7x3d>

For more information:
CONTACT JOE MAYONE
845-246-6238
www.UCIAF.org

CULTURAL EVENTS

UCIAF WRESTLING NIGHT



Thank you to RCAL for being the ring sponsor at UCIAF's wrestling night!



MAY DINNER MEETING
TUESDAY, MAY 21, 2024 6PM AT

**FRONT STREET
TAVERN**

63 N. Front Street
Kingston, NY

SOLD OUT

Join us for a delightful dinner meeting at the Front Street Tavern, where the new owners Antonio and Ali have infused the space with their passion for hospitality and culinary excellence.



Appetizers on the Rooftop
weather permitting

\$45 PER PERSON / CASH BAR

LIMITED SEATING RESERVE EARLY ON MEMBER PLANET @

[HTTPS://MP.GG/CRLLBGQ](https://mp.gg/crllbgq) OR

SEND CHECKS PAYABLE TO

UCIAF DINNER MEETING P.O. BOX 4427 KINGSTON, N.Y. 12402

VISIT www.UCIAF.org

UCIAF BOCCE

Joe LoSchiavo, 2nd VP of UCIAF is organizing a bocce program for our organization. Rec centers in the area have been very receptive to launching the program and building courts. If you are interested in playing bocce socially, or possibly league participation, please email Joe at: Cuzinjoey0@gmail.com





“Hey, Goombah!”

The Southern Italians who immigrated to the US established a new Italian American identity. In New York, their calabrese, napolitano or siciliano dialect became the backbone of that new identity.

Many of us fondly recall the Italian American dialect of our family and our paisani. For some, a lone word can elicit a flood of memories!

We will be featuring an Italian American dialect section in the newsletter. We welcome your submissions! Please send your word(s), phonetic spelling and meaning to rallo5840@msn.com.

Contributions from: Marjorie Fucilo, Tiziana Rinaldi

Tradool....TRA-DOOL.....*he's a jerk*

Ba Chousa....BA-COUSA.....*backhouse (bathroom)*

Jumbrella....JUM-BRELLA....*wacky*

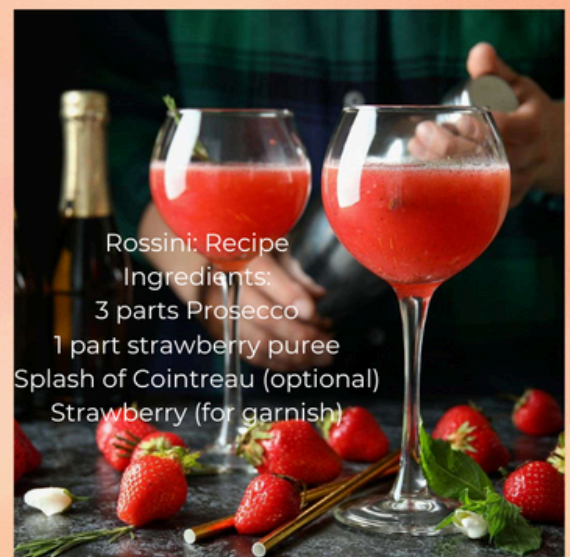
Arcimo.....AR-CHI-MO...*let's go*

CicciaCHEE-CHA.....*chunky, overweight*



WORLD COCKTAIL DAY
MAY 13, 2024
Celebrate with some classics!

Favorite Italian Cocktails





Membership News

Ciao amici! We would like to welcome the following new members to “La Nostra Famiglia”: Diane Backofen, Alec Bonjolo, Lisa Dittus, Susan Gage, Carol Papini, Lisa Pasquale, Francine Uzell, and Linda Wells.

Benvenuti!

Led by Teresa Todaro, our new Young Italian Paesani group held their first meeting on Thursday, April 11th at Mirabellas in Saugerties. It was a resounding success! Suggestions were solicited and plans are underway to hold some UCIAF events for young members and those with young families. Our goal is to pass on the Italian customs, and traditions to the next generation of Italian Americans.

For more information, suggestions or to join in, please contact Teresa Todaro at 845-417-8249 or Tony Marmo at 845-702-4778. Also, we will be holding a Membership Committee meeting in the month of May. Please keep an eye out for an email if you are on that committee.

Finally, think about bringing a guest to our next dinner meeting who may be interested in joining UCIAF! Grazie per essere membro di UCIAF!

Tony Marmo, Membership Chair



UPCOMING EVENTS


Ulster County ITALIAN AMERICAN FOUNDATION

Trip to the
 American Italian Heritage Museum
 & Cultural Center
 1227 Central Ave., Albany, N.Y.
 Saturday, May 18th 2024

Set in a former church, this museum displays exhibits on the Italian-American immigrant experience. There will be a short orientation followed by a Museum and Cultural Center tour. We will also be visiting the Second Chance Thrift Shop. Group rate admission is \$5 per person at the door. There will be coffee available at the Cultural Center and you are welcome to bring lunch.



We will be car pooling, bring friends and share the ride.
 Meet at the Chandler Drive / Washington Ave. Park and Ride at 10 am
 Leave Kingston 10:30am / leave museum around 3:30pm
 For Reservations please call
Linda Saccoman 845-339-5330

Please indicate if you will be driving, need a ride or plan on staying in the Albany area for dinner.

Check out the museum @ americanitalianmuseum.org
 ALL HEALTH RULES FROM CDC WILL BE FOLLOWED.


Ulster County ITALIAN AMERICAN FOUNDATION

Get Fit with our Free Fitness Class

"Fitness Fun For Everyone"
Every Wednesdays 1:15 -2:15 PM

PEOPLE'S PLACE
 Wellness
 Empowerment
 Center

**775 Broadway
 Kingston, NY 12401
 845-338-4030**

weights, bands, balls and light cardio set to music.

**Go To Peoplesplace.Org to Register or
 Call (845) 338-4030**

Brought to you by the Ulster County Italian American Foundation
 Community Care Program

WWW.UCIAF.ORG



Poughkeepsie, NY

Friday, May 3rd, 7 pm - Italian Card Game Night
Monday, May 6th, 7 pm - Movie: Lo Scopone Scientifico
Saturday, May 25th, 3-4pm - Italian Conversation

EARTH DAY, APRIL 22, 2024

No Ice, No Dryer, No Problem

Joe Famiglietti, UCIAF 1st VP

April 22nd - "Earth Day," and coming to mind was something my son Ben (in his teen years) once remarked to me. It was on one of our Italy vacations and he had said something like "Italians are like the original hipsters". What he was referring to was his observations on how our Italian cousins living in southern Italy lived their day to day lives a little differently than we Americanos did. Their food was always extremely fresh, as "farm to table" as could be with almost nothing wasted. It really had to be this way as there was almost no refrigeration; no ghiaccio (ice) to my sister Camille's and my dismay, as we are big fans of icy cold drinks especially in the summer heat. A simple thing by American standards, became a very valuable commodity for us and the small amounts of ice the freezer could produce was not to be frivolously wasted. The basic reason is that there's less electricity - so no big giant American side by side refrigerator to dole out copious amount of cold water and ice at the push of a button. No big clothes dryers to have freshly laundered clothes within a few hours.

I remember getting a call from the small hotel nearby where some of our other American cousins were staying with the hotelier (who really spoke no English) was trying to explain to the cousins why they couldn't get their laundry back overnight. The simple explanation once translated was that clothes had to dry outside on a line in the sun. The same for taking a shower - no hot water heater except for what was produced by a garden hose run circuitously across the roof. So obviously there was only hot water during the day. When these same cousins we're visiting with us at Christmas in Brooklyn, Nicole and I took them to Dyker heights to see the unbelievable display of Christmas lights by the Italian homeowners, all trying to outcompete each other (truly crazy, beautiful, stupendous if you haven't had a chance to go & see.). Our cousin Lucca's biggest exclamation in his broken Italian accent - "*How is it possible for Americans to have all the electricity to create this!*"

So yes, things have changed - today there's a bigger refrigerator with more ghiaccio available, a small hot water heater so quick short hot showers can be had. But clothes are still dried in the sun, and best of all the food is still the freshest farm to table, and just so much better than what we find here in America. In fact Italy created a "Slow Food Movement."

The slow food movement, which began in the 1980s in Italy, ignited the wider slow living movement as we know it today. The slow food movement celebrates local food traditions, protects edible biodiversity and advocates for fair, clean and regenerative food production. It encourages farming of plants, seeds, and livestock characteristic of the local ecosystem. The Slow Food Movement is based on three interconnected principles: good, clean, and fair food. So young Ben might have been right "Italians are the original hipsters" and maybe even the first environmentalists.

**So Happy Earth Day fellow Italiani 🌍
Maybe dry the next batch of clothes outside in the sun,
and cherish those nice icy drinks!**

BUON VIAGGIO!



Albster County ITALIAN AMERICAN FOUNDATION

Join UCI AF for a Carnival Italian Style Cruise!!!

CARNIVAL VENEZIA - 11 DAY EASTERN CARIBBEAN CRUISE
NOVEMBER 4-15, 2024

FOR MORE DETAILS CONTACT:
 TRAVEL BY MARJORIE
 MARJORIE FUCILO 845-282-1495
 GWTMARJORIE@HOTMAIL.COM

\$500.00 pp deposit due at time of booking.
 Final payment due by July 22, 2024.

NOVEMBER 4 - NYC
 NOVEMBER 5 - FUN DAY AT SEA
 NOVEMBER 6 - FUN DAY AT SEA
 NOVEMBER 7 - HALF MOON CAY BAHAMAS
 NOVEMBER 8 - GRAND TURK
 NOVEMBER 9 - AMBER COVE - DOMINICAN REPUBLIC
 NOVEMBER 10 - SAN JUAN - PUERTO RICO
 NOVEMBER 11 - ST THOMAS - USVI
 NOVEMBER 12 - FUN DAY AT SEA
 NOVEMBER 13 - FUN DAY AT SEA
 NOVEMBER 14 - FUN DAY AT SEA
 NOVEMBER 15 - NYC

BALCONY CABIN - \$1400.00 PER PERSON - INCLUDES TAXES & PORT CHARGES
 TRIPLE & QUAD CABINS AVAILABLE ON REQUEST
 INSIDE & OCEAN VIEW CABINS AVAILABLE ON REQUEST



Albster County ITALIAN AMERICAN FOUNDATION

TRIP TO RAVELLO, ITALY November 3-10 2024
Pending Current Government Travel Protocols

Package as follows:
 Minimum participants 6 - Maximum 12
 Group pick-up back and forth from/to Naples airport or train station
 Standard rooms twin or double-bedded
 Reinforced continental breakfast included
 Half board included with dinner, water and house wine included!!
 Daily basic Italian conversation for 5 days
 Daily "Cooking demonstration" for 5 days
 Let's make our own mozzarella - Let's make Limoncello
 Olive oil class and tasting & Our local wine history and tasting
(Guided visit of the village (2 hours))
 Guided tracking to a natural reserve with a picnic
 Tickets for visiting the most important sites of Ravello:
 Villa Rufolo & Villa Cimbrone
 Special tour and drink at a private and famous villa in Ravello...
 Total price per person for 7 nights stay 1250.00 euro
 (Supplement for double room single use 600.00 euro)
 City tax, vat and service included.

Make check for \$25 Donation to sponsoring organization UCI AF & make \$500 Deposit to Hotel Parsital, mail both to Linda Saccoman
 18 West Chestnut Street, Kingston N.Y. 12401

Reservations for the week will be first come first serve
Reserve by June 1st
 Email or call Linda Saccoman @ saccomanlinda@gmail.com / 845-339-5330
 Visit www.UCIAF.org



UCIAF RAVELLO TRIPS BY UCI AF

Watch on YouTube

<https://www.youtube.com/watch?v=zymq072-8&t=38s>

Quigley Vacations and Cruise Planners

"The best things in life are the people we love, the places we've been, and all the memories we've made along the way." (Unknown)

Quigley Vacations and Cruise Planners presents...

Southern Italy & Sicily
 with Optional 2-Night Rome Post Tour Extension
 April 27 - May 9, 2025



Book by Oct 28, 2024 & Save \$150 Per Person

Upgrade to Elite Airfare! See inside for details.

SPECIAL TRAVEL PRESENTATION
 Date: Thursday, May 30, 2024 Time: 5:30 PM
 Russell Brott Senior Center, 1 Town Hall Rd, Lake Katrine, NY 12449

For more information contact
 Joan Quigley
 Cruise Planners
 914-388-0025
joan.quigley@cruiseplanners.com

CRUISE PLANNERS
 YOUR LAND AND CRUISE EXPERTS

Quigley Vacations and Cruise Planners is locally owned and operated by Joan and Katrina Quigley. It is a small family business with connections to one of the nation's largest travel franchise networks. Joan, having lived in Kingston all her life, has always been invested in the community, volunteering on not-for-profit boards and organizing major fundraisers. Katrina, a full-time special education teacher, also having lived in Kingston all her life, brings a different age group to the business.

We love what we do and are very passionate about Travel! We have extensive knowledge and are always expanding that knowledge. We operate under the mission to provide exceptional personalized service and unforgettable experiences for our clients.

Sicily has been a place that clients have continually asked to visit. I have been working with Collette to put together an itinerary for my clients. I will have an information session with my Business Development Manager for Collette on May 30th, with sign in at 5:30 and presentation at 6pm. He will speak on the Sicily itinerary as well as other options with Collette. Please see the flyer with more information.

Contact me directly to RSVP at
Joan.Quigley@cruiseplanners.com or text or call at 914-388-0025.

<https://www.quigley.vacations/pages/southern-italy---sicily--presentation-with-collette-34331>



ITALIAN CULTURE HISTORY FUN FACTS

submitted by Debra Tampone



~La Festa della Mamma was “officially”~ recognized in Italy in 1958 about fifty years after it was established here in the States.

Mammone, coming from the Italian, mamma, or mom, means mamma's boy

Something you notice right away in Italy is the power of the Italian mom. Not to say that other cultures do not have the typical 'mom' figure as well but for some reason, the mamas in Italy are a whole other level. Specifically when it comes to their sons.

Mammismo is an “Italian bond of love between a man and his mother that chokes romance, inhibits sex drive, and even has the power to slow the economy.” They report that Cardinal Angelo Bagnasco, the archbishop of Genoa, warned that the phenomenon is “one of the biggest risks to marriage in the country today.”



Kids Corner

We hope you enjoyed the April Fools Differences last month. Now try to find this month's differences!!

Find the 13 Differences!!!

*mia madre
my mother*



*mio fratello
my brother*



*mia sorella
my sister*



Our Sponsors

MEZZACORONA



Festival In-Kind Sponsors

