



aprile 2024 eNotizie



Joanne Locke, Editor
Ceila Ecker, Co-Editor

Anthony Tampone, President

"Prometto di celebrare e promuovere la mia cultura Italiana"

COMMITTEES

Committees and volunteers are the backbone of our foundation.

If you are interested in being a part of any committee, contact the chairperson.

Dinner- Marjorie Fucilo
Community Care- Mary Tuma
Festival- Anthony Tampone
Calendar- Suzanne Sottile
Cultural- Linda Saccoman & Gina Sottile
Membership- Tony Marmo
Social Media - Kevin Reginato & Nick Alba
Awards/Donations - Anna Brett
Sponsors - Tony Marmo
Fundraising - Nina Postupack

CURRENT EVENTS

4/5 - Scopa @ The White Eagle
4/7 - Veteran's Memorial @ Kingston Armory
4/8 - Solar Eclipse
4/9 - Board Meeting @ Reginato's Ristorante
4/11 - Younger Members Meeting
4/18 - Dinner meeting @ Coppola's, Highland
4/19 - 2nd Annual Wrestling Event @ Andy Murphy Neighborhood Center
4/20 - Highway Cleanup, Delaware Ave. Cloverleaf
4/25 - Festival Committee Mtg @ Reginato's Ristorante

COMING IN MAY

5/21 - Dinner meeting @ Front Street Tavern
5/25 - American Italian Heritage Museum in Albany

Visit our website UCIAF.org for more information.



EXPRESSIONS

Pesce d'aprile - April Fool's Day



A Message From UCIAF President Anthony Tampone

Buongiorno Tutti,

I am just getting back from our monthly dinner meet at the Maple Ridge Bruderhof. UCIAF had 84 members present and the Bruderhof had about 30 or so. It was a wonderful evening of breaking bread and conversation. We were given an uplifting experience with a presentation of "Breaking the Cycle of Violence through Forgiveness" which had it's main focus on FORGIVENESS. This is a very powerful presentation which the Bruderhof offers free of charge. They will be doing one in the near future at Kingston High School.

Our focus on soliciting and engaging younger members is off to a great start. Tony Marmo and his energetic committee are coming up with some exciting suggestions and plans to get this moving.

UCIAF's Donation and fundraising for Amelia did well with a total of \$2,120 going to Amelia and her family. Thank you to all who have contributed. You are still able to contribute by sending a check for any amount made out to UCIAF with "Amelia" in the memo section. Send to UCIAF P.O. Box 4427 Kingston, NY 12402.

****Have you seen CABRINI yet? This movie is a must see for every Italian, for every immigrant, for every woman, for everyone! It tells the story of a Catholic Nun who struggles with authority at every level to eventually create orphanages and hospitals throughout the world. The openly blatant discrimination and disgust towards the Italian immigrants is laid bare, but through it all Mother Cabrini's determination to complete her mission prevails. The cinematography and passion of the actors in this movie touches the soul. You will not be disappointed.*

Time for Spring Cleaning! In addition to UCIAF highway cleanup on the Delaware Ave clover leaf on April 20th, there will be the Friends of Historic Kingston, Kingston Clean Sweep headed by our own Anna Brett on Saturday May 4th from 9am to 1pm. To register for Kingston Clean Sweep contact: abrett1@verizon.net or Anthony Tampone at uciafinfo@gmail.com

There are a couple of Outside dinners coming up that are worthy of your participation. There is a Community Recognition Dinner put on by The Children's Home of Kingston to take place at Wiltwyck Golf Club on May 16th. This dinner will be honoring, among others, Les Lombardi and Tony Marmo - two of UCIAF's past presidents. This fundraiser has a cost of \$145 per person. Make reservations at www.chkingston.org. or call 845 331 1448. UCIAF is also sponsoring The Arc Mid-Hudson Foundation's Annual Wine & Dine on April 12th at Diamond Mills, in Saugerties, NY. The cost of this fundraiser is \$135 per person and benefits the Arc Mid-Hudson. If you are interested in attending, please visit <https://www.arcmh.org/news-events/> Deb and I will be there. We hope to see you as well.

*Pace e amore,
Anthony*

MARCH DINNER MEETING AT THE BRUDERHOF MAPLE RIDGE



Peter Weeks gave a brief history of the Bruderhof followed by a Blessing from Ian Winter. Tim Maendel gave an extremely touching presentation about the nationwide program “Breaking the Cycle of Violence Through Forgiveness”, which was founded by the late Bruderhof Pastor Johann Christoph Arnold and the late Steven McDonald, a detective with the NYPD.



Many thanks to the Bruderhof for preparing a delicious dinner and to our UCIAF volunteers for a wonderful antipasto.

Our apologies for hanging the U.S. flag reversed.

COMMUNITY CARE

Veteran's Luncheon at the VFW



Grazie Mille x 1,000 to all who worked hard, dropped off desserts or both! I just cannot thank all of you enough!
So very proud of this committee!

Much Love,
Mary



**For more information on how to become involved
in the Cultural/Community Care Committees,
contact Mary Tuma at mtuma@hvc.rr.com**

St. Joseph's Table and Food Drive presented by the UCIAF's Cultural and Community Care Committees at St.Mary's/St. Peter's RC Church

Many thanks to our Cultural and Community Care members for their generosity and time. We appreciate all of you. A special thank you to our local bakeries for their donations and all of you who attended and brought nonperishables for our Food Drive. Last year we said "bigger and better", with your help we certainly made it happen!

Much love,
Gina, Linda, and Mary
Cultural and Community Care chairpersons, respectively ❤️



St. Joseph's Day is, in Italy, also Father's Day which isn't at all surprising as St. Joseph was, of course, the foster father of Jesus. This feast and festival — which always falls in the midst of Lent — is especially commemorated and celebrated in Italy in general and Sicily in particular.

The tradition of the "St. Joseph Table" of food ("la tavola di San Giuseppe") has its origins in Sicily. Legends from the Middle Ages attributed the end of a devastating drought to a prayer-devotion that the Sicilian people made to St. Joseph. This celebration is a symbolic "thank you" and renewal of the Sicilian people's devotion to St. Joseph. It is a shared celebration with the entire community where the riches of food are given as alms to the poor: Traditional etiquette is that no one can be turned away from this table.



CULTURAL COMMITTEE EASTER BREAD WORKSHOP

The Easter Bread workshop was a huge success! Thank you to all who participated and contributed to this traditional event!





“Hey, Goombah!”

The Southern Italians who immigrated to the US established a new Italian American identity. In New York, their calabrese, napolitano or siciliano dialect became the backbone of that new identity.

Many of us fondly recall the Italian American dialect of our family and our paisani. For some, a lone word can elicit a flood of memories!

We will be featuring an Italian American dialect section in the newsletter. We welcome your submissions! Please send your word(s), phonetic spelling and meaning to rallo5840@msn.com.

Contributions from: Joe and Jorga LoSchiavo and Debbie Tampone

Malendrino....MAL-EN-DREE-NO.....*wise guy*

Mamaluka....MA-MA-LOO-KA.....*idiot/fool*

Shfoshia...SF-OH-ZAH...*left over egg & breadcrumb from making cutlets, cooked like a meatball.*

Morto di fame...MORE-TOE-DEE-FA-MAY...*someone who's eating like he's never had a meal.*

UffaOO-FA.....*”enough already!”*





March,2024

The Ulster County Italian American Foundation (UCIAF) is dedicated to preserving and promoting our rich Italian Culture throughout Ulster County. For eight years, UCIAF has provided educational awards to graduating seniors from all our Ulster County High Schools. Five years ago, we instituted a Community Grants Program to support other NFP local organizations.

We have increased the grant amount to \$1000 and are offering five individual grants this year. Complete information is on the application form and on our website www.uciاف.org. The application is due May 1, 2024 and the grants will be awarded at our Annual Awards Dinner scheduled for June 18 at Diamond Mills..

Awards will be selected by our Grants Committee based upon how the grant award will support your program while promoting our UCIAF goals and how your program will directly benefit our local community. Our committee has decided not to award Grants to the same organization in consecutive years. This will allow us to spread our contributions to the many worthy organizations throughout Ulster County. Our 2023 recipients were: Angel Food East, Inc, Point God Academy, Inc, Resource Center for Accessible Living(RCAL), Kingston Emergency Food Collaborative, and Ulster Youth Build. To date our UCIAF Community Care Program has awarded \$16,250 in grants and approximately \$25,000 in donations for the needy.

We sincerely hope you will participate in our grant program to foster a true spirit of community. If you have any questions, please feel free to contact me at lombardiles@gmail.com or call 914-388-9652. We look forward to your application.

Sincerely,

A handwritten signature in black ink that reads "Les Lombardi".

LesLombardi/C.C. Committee

As an important part of your application, please explain specifically how this grant will be used to reflect UCIAF's Mission in our community.

Comments:

SUBMITTING AN APPLICATION

We prefer that you save your application as a .pdf file and submit it to us electronically by using the email address below and using the subject line **COMMUNITY GRANT** but applications will also be accepted by mail

Email: uciafgrants@gmail.com
Mail: Ulster County Italian American Foundation
Community Grant Applications
PO Box 4427
Kingston, NY 12402

PROPOSAL DECISION

You will be notified by telephone or email (to the address you supply above) of our final decision. Our grants will be awarded at our annual Educational and Community Awards dinner

RELEASE

By accepting the grant, your organization grants UCIAF the unrestricted right to publish notice the award in print, on our website, or on social media sites as a media release or for promotional use.

DISCLAIMER

By submitting this application, I hereby certify that the information provided is accurate and true to the best of my knowledge. If the event, program or project, as applied for, is cancelled, delayed or not carried out in substantially the same format as indicated in this application, I or a representative from this organization will contact UCIAF promptly and I understand that the approved funding may be rescinded, or reimbursement of the grant award requested.

Signature and Title of Applicant

Date of Application

The San Marziano Tomato Arrives: It Is Intended for Astronauts

www.cilentano.it February 23, 2024

The revolutionary San Marziano tomato is born, a variety created specifically to be grown in space and destined to feed astronauts on long space missions of the future! This fantastic made in Italy tomato will be invaluable in guaranteeing fresh food and a healthy and balanced diet for crews engaged in increasingly long and ambitious interplanetary journeys.

The characteristics of the Sanmarziano tomato

Radiation resistant

The San Marziano tomato has been genetically modified to produce high quantities of anthocyanins, substances with exceptional antioxidant power. Thanks to this extraordinary property, San Marziano is able to resist the powerful gamma rays used in the laboratory to simulate the intense cosmic radiation present in deep space. Being able to grow plants resistant to ionizing radiation will be a fundamental requirement for space gardens of the future, where there is no protection from the Earth's atmosphere.

Suitable for hydroponic cultivation

This revolutionary tomato variety is perfectly suited to hydroponic cultivation in greenhouses, therefore with artificial lighting and minimal quantities of water. An ideal cultivation system that allows very high yields even in the limited spaces typical of space bases or in extreme environments such as deserts, polar regions and mountains.

Long maturation period

Compared to other crops proposed for space feeding, San Marziano has rather long maturation times, around 90 days. This is an important parameter to consider when planning crops, but it will be amply repaid by the abundant production and exceptional qualities of this made in Italy tomato.

Project objectives

Provide fresh food to astronauts

The main goal is to provide fresh, wholesome vegetables and fruit to astronauts in space, reducing the need for huge supplies of freeze-dried food from Earth. Eating freshly harvested products is crucial for the physical and psychological well-being of crews engaged in increasingly long journeys.

Improving diet in extreme environments

Beyond space, this exceptional tomato can be grown in hydroponic greenhouses at scientific bases in polar ice, in the desert or in other extreme environments, providing precious fresh nutrients to researchers and workers. A godsend for those who live in such difficult conditions.

Article submitted by Joe Famiglietti



Twin Cities (Citta` Gemellate)

By Joe Famiglietti

After a fabulous week in Ravello my cousin Pete traveled to our ancestral village of Sturno (in the province of Avellino) to search out relatives of our common grandfather Giuseppe Famiglietti. Years ago,

Nicole and I had tried with no success. This time I helped Pete out with a little research with some relatives in Glen Cove, Long Island.

Many people from Sturno immigrated to Glen Cove and found work as gardeners and landscapers for the big estates. Glen Cove was America's "Gold Coast" of Great Gatsby lore and skilled Italian laborers were in great demand. In fact, so many Italians immigrated to Glen Cove that Sturno and Glen Cove call each other "sister" cities. We were told that each city had a plaque commemorating that connection. Below are two pictures of signs that Pete just sent from Italy.

I'm not sure if there are others, or maybe a bronze plaque in Sturno piazza - who knows? But, for all the other "italiani" in our UCIAF family, who knows? - maybe the places your families immigrated from also have sister cities in Italy. Makes you think - Is there a "citta' gemellata" to Kingston, in Italy?

(A quick note - cousins Pete's dad had his name changed to "Famighetti" by a first-grade teacher - his dad was never really sure why, except he was too little to protest.)

Member News!



Several UCIAF members volunteered at the White Eagle Benevolent Society's drive-thru dinner event!

A photograph of a young man, Brenden Campise, standing outdoors in front of a brick building with large windows. He is wearing a dark blue jacket and holding a light-colored acoustic guitar. The photo is part of a larger graphic with text overlays.

Brenden Campise has been working on building this beautiful guitar by hand at the Hudson River Maritime Museum Wooden Boat School.

BRAVO BRENDEN!

Brenden is a UCIAF member and the son of Jo Ann Campise (our website guru!)



Membership News

Our membership numbers remain very strong (approximately 600) for all levels: Individual, Senior, Family, Student, Veteran, Business and the Friends of UCIAF(22 people). We are still approaching lapsed members who may have forgotten to pay their dues. If you know a lapsed member, please encourage that person(s) to re-join UCIAF! There is a lot of FUN, CULTURE, CELEBRATING and PRESERVING our Italian culture!

The exciting news is the formation of the Young Italian Paesani group, who will be holding their first gathering on Thursday, April 11 at 6pm at Mirabella's in Saugerties. They will be planning activities for members on the "younger" side of the age spectrum in UCIAF and those with small children, etc. Our goal is to pass on the Italian customs, traditions and fun activities to the next generation of Italian Americans. For more information, please contact Teresa Todaro 845-417-8249 or Tony Marmo 845-702-4778.

Finally, think about bringing a guest to our next dinner meeting, who may be interested in joining UCIAF! Grazie per essere membro di UCIAF!

Tony Marmo, Membership Chair



Ulster County ITALIAN AMERICAN FOUNDATION

Get Fit with our Free Fitness Class

"Fitness Fun For Everyone"

Every Wednesdays 1:15 - 2:15 PM

PEOPLE'S PLACE
Wellness Empowerment Center

775 Broadway
Kingston, NY 12401
845-338-4030

weights, bands, balls and light cardio set to music.

Go To Peoplesplace.Org to Register or
Call (845) 338-4030

Brought to you by the Ulster County Italian American Foundation
Community Care Program

WWW.UCIAF.ORG

Ulster County ITALIAN AMERICAN FOUNDATION

Join UCIAF for a Carnival Italian Style Cruise!!!

CARNIVAL VENEZIA - 11 DAY EASTERN CARIBBEAN CRUISE
NOVEMBER 4-15, 2024

FOR MORE DETAILS CONTACT:
TRAVEL BY MARJORIE
MARJORIE FUCILO 845-282-1495
GWTMARJORIE@HOTMAIL.COM

NOVEMBER 4 - NYC
NOVEMBER 5 - FUN DAY AT SEA
NOVEMBER 6 - FUN DAY AT SEA
NOVEMBER 7 - HALF MOON CAY BAHAMAS
NOVEMBER 8 - GRAND TURK
NOVEMBER 9 - AMBER COVE - DOMINICAN REPUBLIC
NOVEMBER 10 - SAN JUAN - PUERTO RICO
NOVEMBER 11 - ST THOMAS - USVI
NOVEMBER 12 - FUN DAY AT SEA
NOVEMBER 13 - FUN DAY AT SEA
NOVEMBER 14 - FUN DAY AT SEA
NOVEMBER 15 - NYC

BALCONY CABIN - \$1400.00 PER PERSON - INCLUDES TAXES & PORT CHARGES
TRIPLE & QUAD CABINS AVAILABLE ON REQUEST
INSIDE & OCEAN VIEW CABINS AVAILABLE ON REQUEST



EVENTS



PRO WRESTLING
FRIDAY, APRIL 19TH 2024 • BELL TIME: 7:00 PM
THE ANDY MURPHY NEIGHBORHOOD CENTER
467 BROADWAY • KINGSTON, NY • TICKETS: \$25

FUNDRAISER FOR THE ULSTER COUNTY ITALIAN AMERICAN FOUNDATION

ITALIAN STREET FIGHT NUNZIO VS. AFA JR.	EGPW HV HWT. TITLE MATCH CAPTAIN PAIN (C) VS. MIGS W/ LUXURIOUS LYNNE	RIC KING VS. BUDDY TOMAS
EGPW HV TAG TEAM TITLES MATCH M.J. STAX & RICKY PRYCE (C) VS. PRINCE AKKANATAN & SAMI NASIR	EGPW VIRAL TITLE MATCH ATILIO APRILE (C) THE 500 LBS. BIG BAD BLAKE	LUMBERJACK STRAP MATCH ANDY MANGUSO VS. BRIAN MANGUSO
3-WAY MATCH DREW MARSTON VS. MOLOCHE VS. NIGHTMARE IN WONDERLAND	BUBBA VS. J.T. METAL W/ KURT KLEIN	PLUS A WINNER GETS AN HV TITLE MATCH BATTLE ROYAL!

TICKETS ARE ON SALE AT:
 CATSKILL MOUNTAIN PIZZA - 51 MILL HILL ROAD - WOODSTOCK, NY
 B.C. AUTO PARTS - 1018 MORTON BLVD - KINGSTON, NY
 HERZOG'S HOME CENTER OF KINGSTON - 151 PLAZA ROAD - KINGSTON, NY
 FRANK GUIDO'S LITTLE ITALY - 14 THOMAS STREET - KINGSTON, NY
 REGINATO RISTORANTE - 34 LEGOS MILLS ROAD - LAKE CATARINE, NY

FRONT STREET TAVERN • 63 NORTH FRONT STREET - KINGSTON, NY
MARINER'S HARBOR • 1 BROADWAY - KINGSTON, NY
OLE SAVANNAH • 100 RONDOUT LANDING - KINGSTON, NY
SAVONA'S PIZZA • 1090 MORTON BOULEVARD - KINGSTON, NY
SAVONAS PLAZA PIZZA • 340 PLAZA RD, KINGSTON, NY
MOUNTAIN VIEW MEXICAN RESTAURANT • 423 BROADWAY • ULSTER PARK, NY
APIZZAI • 121 MAIN STREET - NEW PALTZ, NY
INFO: 973-402-9599 • EGPW1.COM


CARD SUBJECT TO CHANGE

PRO WRESTLING IS BACK!

We had such a good time last year, so we are doing it again!!! Be sure to join us on April 19th at the Andy Murphy Neighborhood Center for an evening filled with fun for the entire family.

Tickets on sale now at the locations listed on the flyer.


See you there!



UCIAF HIGHWAY CLEANUP

Volunteers needed for our next Highway Cleanup, Saturday **April 20th**, 9AM, Delaware Ave. Clover Leaf

Please join us for a morning together as we care for our neighborhood and show our Pride in being Italian. Sign up here> <https://mp.gg/bsdp8kr29> or just show up!



PARKING LOT ON LIVINGSTON STREET

Safety vests, helmets, gloves and 'picker uppers' will be provided.

Thank you in advance for your commitment to help



SCOPA NIGHT & Happy Hour

Come learn how to play scopa
 Friday April 5th at 5PM
 White Eagle Hall
 487 Delaware Ave. Kingston NY

THE TRADITIONAL ITALIAN CARD GAME



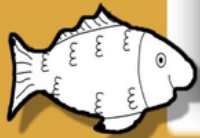
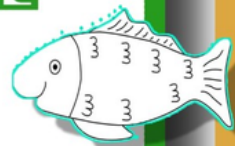

Paisan Con 2024
 New Jersey's First Italian Pop Culture Convention!

April 13-14, 2024
 DoubleTree by Hilton, Fairfield NJ

Click on the link below for more information:
<https://paisancon.com/event-information/>



ITALIAN CULTURE HISTORY FUN FACTS



submitted by Debra Tampone

April's Fish – Pesce d'Aprile in Italian – is essentially the same thing as April Fools' Day, with pranks or jokes played on others for laughs. The most common prank involved in Pesce d'Aprile is to affix a paper drawing or cutout of a fish onto the back of an unsuspecting victim. Then, everyone else asks if anyone has seen "April's fish" – when, of course, the victim doesn't know he or she is the one they're talking about. Although this may be a bit old-fashioned today, taping a fish onto someone's back is still something Italian children do.



The day after Easter—aka Pasquetta or "Little Easter" in Italian—is a national holiday in Italy, and great for Italians, who get the day off work! This national holiday sees families pack up the leftovers from the Easter feast into picnic baskets and head off to parks, beaches, vineyards and roadside meadows to enjoy the spring sunshine and warm breezes.

April 21st is a highly significant date for the Romans, because it is on this day, in the year 753 BC, that the foundation of the Eternal City began. . It is therefore the birthday of Rome.




Have you ever tried DONKEY RAGU!! Evidently you can't visit Verona without trying the donkey ragu, which is one of the city's trademarks.

And that is no *pesce d'aprile!*



Tease alert! The weather is getting nice. See all the wonderful villas you can rent in Italy!



5 GUESTS 2 BEDROOMS
2 BATHROOMS

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April fools!
pesce d'aprile!

the spring
la primavera

Spot the 13 differences!



April
aprile



daffodils
i narcisi



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