

Ulster County ITALIAN AMERICAN FOUNDATION



luglio 2023
Newsletter



Joanne Locke, Editor

Tony Marmo, President

"Prometto di celebrare e promuovere la mia cultura Italiana"

COMMITTEES

Committees and volunteers are the backbones of our foundation.

If you are interested in being a part of any committee, contact the chairperson

Dinner- Marjorie Fucilo

Community Care- Mary Tuma

Festival- Anthony Tampone

Bylaws - Anthony Tampone

Calendar-Suzanne Sottile

Cultural- Linda Saccoman & Gina Sottile

Membership- Suzanne Sottile

Social- Al Scilla

Awards/Donations - Anna Brett

Sponsors - Tony Marmo &

Nina Postupack

CURRENT EVENTS

7/8 – Italian American museum trip

7/13 – Membership dinner @ Casa Milanese 6pm

7/20 - UCIAF Movie Night @ Reginato's Ristorante

COMING IN AUGUST

8/6 - Bocce day @ Robert Post Park

8/17 – UCIAF Movie Night

8/20 - Soap Box Derby

Visit our website UCIAF.org for more information.

ITALIAN PHRASE OF THE MONTH

Dai

Pronunciation: “dayee”

Usage: To express urgency, disappointment, frustration

Meaning: Come on!

Example: Dai! Lasciami in pace!

Translation: Come on! Leave me alone!

Example: Dai! Passa la palla a Berardi!

Translation: Come on! Pass the ball to Berardi!

submitted by Celia Ecker

Ulster County ITALIAN AMERICAN FOUNDATION



After years of hearing that the Italian Foundation should have its own cookbook, it is finally happening. All those recipes that we speak about at our meetings and among friends and family can now be shared in our very own.

Ulster County Italian American Foundation cookbook !!

Isn't time to let the world taste your Nonna's famous braciole? How about those homemade ravioli or tortellini? Would you like mama's famous ragu to live on in infamy? What about your very own favorite recipe?

We are looking for about 120 recipes to put into our book. Not all will be published as we are limited in space and cannot have too much duplication but please send yours in as soon as possible. The cookbook committee will be in touch with you shortly after your submission. We are looking for Appetizers, antipasto, soups, pastas, meats, fish, desserts ... whatever your favorite is!

PLEASE EMAIL YOUR SUBMISSION TO UCIAFCOOKBOOK@GMAIL.COM

OR

SEND TO UCIAF, PO BOX 4427, KINGSTON NY 12402



BOCCE DAY AT ROBERT POST PARK

Our Bocce Day will be held on Sunday, August 6th at Robert Post Park in the Town of Ulster from 12:00-5:00 p.m. The park is located right on the Hudson River. This is a family picnic event. Members and friends and family of members are invited to share in a fun and friendly Sunday afternoon. The park has a huge pavilion, a wonderful kid's playground, soccer fields and of course two beautiful Bocce courts with a marvelous view of the Hudson.

Plenty of parking. UCIAF will supply the charcoal for the enormous grill. Bring food for your family and there is usually some sharing going on. Please make it a point to join us for this relaxing day at the park.

Reservations are not needed.



Bocce Day at Robert Post Park

**Sunday August 6th at Robert Post Park
in the Town of Ulster 12:00 to 5:00pm.**

Trip to the American Italian Heritage Museum & Cultural Center

1227 Central Ave., Albany, N.Y.

Saturday, July 8th

Set in a former church, this museum displays exhibits on the Italian-American immigrant experience. There will be a short orientation followed by a Museum and Cultural Center tour. We will also be visiting the Second Chance Thrift Shop. Group rate admission is \$5 per person at the door. There will be coffee available at the Cultural Center and you are welcome to bring lunch.



We will be car pooling, bring friends and share the ride.
Meet at the Chandler Drive / Washington Ave. Park and Ride at 10 am
Leave Kingston 10:30am / leave museum around 3:30pm

For Reservations please call

Linda Saccoman 845-339-5330

Please indicate if you will be driving, need a ride or plan on staying in the Albany area for dinner.



**There is still time to
join the trip to the
American Italian
Heritage Museum on
Saturday, July 8th!.**

MEMBER NEWS

Brenden Campise (son of Jo Ann Campise) enjoying lunch in Rome while on a trip with his grandfather to Sicily, Palermo and Rome this summer.



COMMUNITY CARE VET2VET LUNCHEON



It's always such an honor to spend an afternoon with our veterans. The Hudson Valley National Center for Veteran Reintegration, Vet2Vet, held its monthly luncheon on Thurs., June 8th at Safeshoot. Many thanks to Joe and his staff.

Once again, members of our Community Care committee were there with aprons on and ready to help! We'd also like to thank Frank Guido and Little Italy for the generous food donation. Luncheons are free to all veterans, please register in advance. Next Luncheon July 13th.

Mary Tuma





COMMUNITY CARE



UCIAF continues to support our neighbors in need. Our Community Care outreach program held its first Food Drive of the year on Sat. June 3rd at Hannaford, Kingston Plaza. Thanks to the generosity of our community, we were able to collect two carloads of food and cash donations which was given to our local Salvation Army on Monday. Thank you to the Community Care Committee for your donations and your time. Our many thanks to Brad Jordan, Kingston Plaza and Hannaford.

Mary Tuma



UCIAF TRIP TO STATEN ISLAND



Casa Belvedere

From the sweeping views and beautiful landscape of Casa Belvedere to the intricate workmanship of immigrants at the Italian grotto, this trip was amazing!!



On June 17th, a number of us got to experience Staten Island's Italian community. This had to be one of the best bus trips so far! Touring the Belvedere Mansion, visiting the Grotto created by the many hands of Italian immigrants, enjoying lunch from the Pastosa Deli and upon leaving the Garibaldi Meucci Museum, a last stop at Royal Bakery for delicious pastries! Mille grazie Consigliere Guiseppe Famiglietti e Contessa Nicolina Francis for a great ride!! And let me not forget an outstanding driver, Primo who dealt with some interesting challenges and never lost his cool.

Linda Saccoman



Formerly known as the Garibaldi Memorial, the museum is maintained by the Order of the Sons of Italy. The landmarked home houses a schematic of Meucci's "teletrofono" invention, as well as photographs, letters, some of Garibaldi's medals and memorabilia relating to both Garibaldi and Meucci.

The site plays host to periodic lectures on Italian culture and history, Italian language classes and gallery displays.

The museum, its mission "Preserving the Past for the Future," promotes an understanding of Italian-American heritage and presents a positive image of Italian Americans.

It conducts educational, cultural and artistic programming designed to eliminate ethnic and racial prejudice for a diverse and growing audience. Through upcoming programs at the museum, participants learn about Garibaldi's time living at the home of Meucci and his eventual reunification of Italy.





UCIAF EDUCATIONAL AWARDS DINNER



Anna Brett, the Educational Awards Chairperson, and her committee selected the above winners for the annual \$1000 award. L-R: Gianna Tisch (Onteora HS), Riley Adams (Marlboro HS), Adelaide Finley (Kingston HS), Grace Cascio (Kingston HS), Nancy Weeks (The Mount Academy), Abigail Nolan (Onteora HS), Jett Conti (Onteora HS), Marco Martini (Wallkill HS), Emily Bartolone (Rondout Valley HS), and Abigail Naccarato (Rondout Valley HS). The Foundation has been awarding these grants for the last seven years to Ulster County high school seniors who are planning on attending two-or-four-year colleges in the fall. Since its inception in June of 2015, UCIAF has in total awarded \$56,500 in Educational Awards, \$9000 for Community Grants, and approximately \$18,000 in Community Care donations. Additionally for 2022-2024, UCIAF donated \$7200 for a UCC President's Challenge Scholarship.

In addition to the Educational Awards, UCIAF awarded five \$750 Community Grants to a group of outstanding Ulster County not-for-profit organizations. The 2023 recipients are: Angel Food East, Inc., Point God Academy, Inc., Resource Center for Accessible Living (RCAL), Kingston Emergency Food Collaborative, and Ulster Youth Build. This grant program is in its fourth year and is part of the Foundation's Community Care Program.





UCIAF TOUR OF WEST POINT



The private West Point tour on June 20th was one-of-a-kind. We were allowed to experience aspects of West Point that are not usually available for civilian tours. Grazie mille Jane Brown and hubby Greg who oversee the Cadet Uniform Factory, the highlight of our trip. He was so generous with his time. We even got a sneak preview of the new plush bathrobes before the cadets receive them!

Linda Saccoman



Reputation and '*Fare la Bella Figura*'

Italian culture places much importance on an individual's reputation or honour. It is perceived to reflect their family and upbringing, and is



submitted by Debra Tampone

essentially a way of opening up opportunities. In Italy, a person's honour is defined by the impression they leave on others – '*fare la bella figura*' (which literally means 'making a good image'). *Fare la bella figura* describes the art of making a good impression. It not only refers to a person's physical appearance, but the aura they project in the way they hold themselves. It should be reflected in everything they do, from what they say to how they act.

The cultural emphasis on making a good impression may be seen as superficial, but that's not necessarily the case. For example, in the lower class, it often relates to maintaining one's grace and dignity despite modest circumstances. Furthermore, considering a good reputation involves social approval, the ability to accommodate different points of view and appease people with diverse interests is thought to be one of the biggest virtues. Someone who carries themselves with a good image (*fa bella figura*) is thought to have confidence, style, an elegant demeanour and engaging social skills. In this way, *bella figura* has almost become an expression of the Italian character.

In accordance with the attention paid to one's reputation, there is a cultural emphasis on one's personal presentation in appearance and action. This can lead people to be quite materialistic (for example, judging another person by the brand of cigarette they smoke). Italians typically take care to ensure their attire appropriately suits the occasion. For the upper class, this involves wearing fashionable clothes and displaying lavish belongings. Those from the middle and lower classes tend to dress less distinctively, but maintain a neat and sophisticated decorum, looking dapper. Italians' personal presentation is often noticed by foreigners, who remark on their grace and charm. <https://culturalatlas.sbs.com.au/italian-culture/italian-culture-core-concepts#reputation-and-fare-la-bella-figura>





SPOT THE 7 DIFFERENCES!



la caramella



la torta



il gelato

